

# Ninja Skillz World Record Show

SA 15.06.24 at Ninja Skillz Darmstadt/Weiterstadt



## General

In cooperation with [Record Holders Republic](#), we at [Ninja Skillz](#) would like to give you the chance to turn your outstanding skills into an official world record. The whole thing will take place as part of a competitive show in our gym. Spectators are of course welcome!

There will be no classic registration like for a normal ninja competition, but you can apply with your suggestions.

The procedure in advance will follow this timeline:

Phase		From	To
1	Submission of proposals for record disciplines	now	SU 28.4.
2	Selection of accepted disciplines	MO 29.4.	FR 3.5.
3	Application of athletes for the accepted disciplines	SA 4.5.	MO 20.5.
4	Selection of athletes for the disciplines	TU 21.5.	SU 26.5.
5	Realization of the event	SA 15.06.	

A detailed description of the phases follows below and overleaf.

## Competitor classes

There are 5 competitor classes: Mix 0-15, Women, Men, Women 40+, Men 40+.

The underlined classes are the two primary classes. Someone from a secondary class can take the record from a primary class, but not the other way around. Examples:

A man (50) is better than all other men → Records in "Men" + "Men 40+"

A child (female, 12) is better than all other women → Records in "Women" + "Mix 0-15"

A man (51) is better than all other men 40+ → Record in "Men 40+"

A woman (35) is better than all other women → Record in "Women"

The time at which the record is set defines the classification.

No further differentiation is made within the "Mix 0-15" class in order to maintain the exclusivity of a world record and to avoid setting too many records in the same discipline. In addition, the kids are getting older and therefore probably better and can train to beat an existing record.

Please note that participation in the event is only permitted from the age of 8 (indoor rules).

## Phase 1: Submission of proposals for record disciplines

You can submit suggestions for record disciplines under this link (<https://forms.gle/mHj1Neh1xokFccic8>).

This can either be a new discipline or an attempt to break an existing record. A record must be measurable, breakable, standardizable, verifiable and universal and may only contain one variable.

As we will be conducting many record attempts at the event, short records tend to be more suitable. "Who can do the longest dead hang?" is therefore rather unfavourable, whereas "Who can do the furthest laché?" is more suitable. Disciplines with a clear time limit such as "Who can do the most 250cm lachés

in 1min?" are also very suitable.

There must also be clearly definable rules. "Who can do the most muscle ups?", for example, opens up difficult definitional questions as to which muscle up is clean and which is not. Whereas a laché, for example, can be clearly decided as held or not held.

The result must be clearly quantifiable. "Who can do the best backflip?", for example, would be very subjective and therefore unsuitable. Classic examples of clearly quantifiable results are number of repetitions, shortest/longest time for a defined performance, number of repetitions in a defined time, greatest distance, ...

The record disciplines do not necessarily have to be classic Ninja Sport elements, but must be easy to perform in our gym.

### **Phase 2: Selection of accepted disciplines**

A panel from Ninja Skillz and RHR will select some of the proposals. The number will depend on the nature of the proposals and the time involved (expected range: 5 disciplines). A set of rules will be written for the proposals and they will be officially announced.

### **Phase 3: Athletes apply for the accepted disciplines**

There will be an online application form where you can apply for one or more of the accepted disciplines. In order for us to make a fair selection of the best athletes, we need proof of your skills in the respective discipline. We will set up the record disciplines in Ninja Skillz and use the [JuSt Timer Systems](#) system to keep a gym ranking list and display it on a screen in the gym for everyone to see. You can visit us within the deadline and place yourself on this ranking list. Alternatively, you can send us a video of yourself in a similar setup (e.g. in another ninja gym).

### **Phase 4: Selection of athletes for the disciplines**

Up to 3 people per class will be admitted per discipline. 2 of these will be selected according to the ranking list in Ninja Skillz and 1 according to the videos submitted. The selection based on videos may not be free of subjectivity, as the videos are probably not recorded under the exact same conditions. In addition, the person who suggested the discipline will start in any case. In addition, one spectator candidate starts per discipline: with the purchase of a spectator ticket, each spectator receives 2 "tickets" with their name on them. Each discipline has a lottery drum. Each spectator may distribute their 2 tickets as they wish between the drums. One spectator candidate will be drawn per discipline.

We reserve the right to allow additional people to start in individual cases (e.g. if there is a tie on the ranking list).

To cover the costs incurred, we charge a contribution towards expenses of €49 per athlete (except spectator athlete) per discipline. The participation of an athlete in a discipline is only binding once the payment has been made. You can therefore decide how many disciplines you actually want to take part in.

### **Phase 5: Implementation of the event**

The event is expected to start in the afternoon. More detailed information will follow with phase 4.

The record disciplines will be carried out one after the other. There will be no isolation of the athletes. Each athlete has only one attempt. The order of the athletes is as follows: Spectator, Video, Ranking, Submitter.

When all record attempts have been completed, the world record certificates will be printed and ceremoniously presented to the glorious winners, who can now officially call themselves the best in the world in their discipline.

**We look forward to an unforgettable event with you!**

[If there are translation errors, the German version is binding]